



# PARISH NEWS

APRIL/MAY 2016

MIDDLETON, NORTH RUNCTON & EAST WINCH

## EAST WINCH VILLAGE HALL - AN APPEAL

### Your village hall needs you

The trustees of the Village Hall have been trying to recruit new trustees from the village to help run the affairs of the hall.

Our current trustees have served for many years but with advancing age and health issues we do **urgently need help**. We seem to have reached a point, however, where unless we can get new blood to run and administer the affairs of the hall, we will have seriously to consider closing the hall. This would be a blow to the clubs who currently use the hall and I can assure everyone that this is a decision the trustees would not wish to take as we feel the village would regret the demise of this vital asset.

For the past nine years I together with the other trustees have managed to keep the hall moving forward. We have bookings and clubs on most days/evenings of the week. The hall has been updated (where finances allowed) and we received a grant from W.R.E.N. for the refurbishment of the kitchen. We have been able to afford to engage a regular cleaner and grass cutter.

It's the admin side that we need cover for. Arranging bookings and paying bills etc. So if

you have any free time during the week, and like us, wish to see the hall continue to thrive, PLEASE contact me on 841309 where I can give you further details and a honest appraisal of what being a trustee entails.

On behalf of the trustees of East Winch Village Hall .....

**Terry Robertson 01553 841309**



## CHARITY AUCTION AT MIDDLETON VILLAGE HALL SUNDAY—APRIL 17th 2016

50/50 auction to raise funds towards the Tornado Trail in King's Lynn and Middleton Village Hall.

If you would like to put anything into the auction please call and it can be brought to the hall on 16th April between 2pm-5pm.

You receive 50% of the money it makes and 50% is kept for the funds.

Any donated goods also very welcome, so look in the loft, clean the kitchen, and spring-clean the house.

Please call Pauline on 07751 899118 or Dawn on 07879 243253



## CHARITY BALL FOR BREAST CANCER CARE

By Jane Lord

My mum, Denise Lord, who lives in Blackborough End, found out that she had breast cancer in June 2015 via a routine mammogram. She was recalled to the hospital for a biopsy and within 4 weeks her stage 2 cancer had been removed. This was followed up with 3 weeks of radiotherapy treatment at Addenbrooke's and a successful all clear result last month.

I regard my mum as one of the lucky survivors of this disease and as a family who have no history of cancer, this came as a complete shock to us.

As a way of raising awareness and funds in aid of Breast Cancer Care, I am hosting **Bratopia Ball from 7.00pm to midnight on Saturday 4th June** at the Dukes Head hotel in King's Lynn. Tickets are £25 per person. Full payment is required to confirm booking. This will include a hog roast buffet, disco, main raffle and a luxury raffle with some outstanding prizes.

I have 150 tickets and each table will seat 10 people. If anyone would like to attend this event, or would like to make a donation or raffle prize, please contact me for further information. My email address is [janelord2011@hotmail.co.uk](mailto:janelord2011@hotmail.co.uk) or my phone number is 07720 749851.

## FREE CARELINE HOME ASSESSMENTS

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required. To book an appointment call the Careline Community Team on **01553 760671**.

# TOTAL Motors



**01553  
841263**

MOT's  
Servicing  
Tyres  
Brakes

Exhausts  
Timing Belts  
Steering  
Suspension

All repairs to all cars  
8.00-5.30 Mon-Fri  
8.30-12.00 Sat



[Totalmotors.co.uk](http://Totalmotors.co.uk)

# MIDDLETON PARISH COUNCIL CHAIRMAN'S UPDATE

By Mick Porter

It was agreed that there would be no increase in the precept requirement for the financial year 2016/17. The precept is the proportion of the council tax that is returned to the Parish Council (PC) to finance its responsibilities.

At the March PC meeting after much discussion, it was decided there would be no special event organised by the PC to celebrate the Queen's 90th birthday. Previous events organised by the PC have not received the support expected.

Dog fouling is an ongoing issue within the parish and to this end it was agreed to purchase pink marking chalk spray. Volunteer councillors have agreed to spray any dog faeces found to highlight the problem to those who offend and to other parishioners as to the problem. Those dog owners who allow their dogs to foul the footpaths face a hefty fine if caught.

The PC discussed the consultation document regarding Norfolk County Council budget cuts and made several recommendations. The PC were very concerned about the proposed reduction in fire stations and made it very clear this was something they were against.

The PC have been in consultation with the Highways Authority and Norfolk County Council (NCC) regarding the re-sighting of the bus stop for the Norwich bus. The PC has been informed that a Safety Audit is required before any action is taken but at this point in time neither Highways nor NCC is prepared to fund the Audit.

The PC discussed whether to paint the speed gates erected in the Parish white or leave them as is. It was agreed not to paint them but to use reflective strips which will be attached to make the gates more visible at night.

The PC is considering the adoption of the telephone box at Fair Green, this is ongoing.

The Police Authority have informed PCs that the priority of reported crimes are now based on Threat, Risk and Harm and the value of the crime will now determine the police response.

A large amount of effort and work has been carried out by the PC and Parish Clerk in getting the playing field project underway. The proposed project involves a land swap with the Village Hall as the play equipment will be sited on part of the car park for visibility/security reasons. A corresponding amount of land will be given to the Village Hall on the playing field to the rear of the hall. Waste Recycling ENvironment Group (WREN) had been approached for a grant for the project and the PC was informed that our request would be given a sympathetic consideration. In recent weeks the PC was informed that the new car parking area could not be financed by WREN. This is a disappointment as the original plans submitted to WREN included the car park. The PC are investigating alternative funding for it; this is on-going.

***The PC would welcome all residents to the PC meeting on 4th May 2016 at 7.00pm to hear a full update on the project and to give any comments you may have. We hope to see you there.***

## East Winch Church Cafe Style Family Services

Instead of having a church service on the 2nd Sunday in each month, we are moving to the Village Hall, where, in an informal family service, you'll be able to enjoy refreshments, and there'll be activities for the children so they'll be happy while you worship.

The next two dates are **10th April and 8th May, both at 10.30am**. Why not give it a go?

## MOTHERS' UNION SERVICE

Lady Day or the feast of the annunciation has been a significant day for the Mothers' Union since 1897. This year, do join your local branches for the Lady Day service on **Monday April 4th at 2-30pm in St. Botolph's Church, Grimston**.

## **5 – A – TIME – QUIZ (answers on Page 19)**

1. According to the poster, what is happening on "the 1st Sunday in May"?
2. Where is "The Heart of Cars"?
3. When is it free to visit Lynn Museum, according to the outside notice?
4. What is bought at 137 -138 Norfolk Street?
5. Fakenham is served by which number bus?



## THERE'S SOMETHING FOR EVERYONE AT THE MAGPIE CENTRE

If you enjoy trading, trotting or trivia, there's something to suit you in the Magpie Centre, home of West Norfolk Riding for the Disabled Association's spring programme.

An Equestrian Table Top Sale, plus BBQ, is scheduled for **Saturday, 9 April from 11 am to 1 pm** in the indoor school at Wallington Hall, South Runcton. Now's your chance to clear out your tack box, or kit out your horse with a summer wardrobe. Cost is £7 per pitch, £1 entry (children under 12 FREE). For enquiries and bookings call 01553 672756.

**Sunday, 1 May** is the date of the Grand East Anglia Run. We are looking to make up a 'Magpie Team' of riders and supporters who would like to take part in this year's Mini-GEAR Fun Run. Last year Eddie, a volunteer, pushed Sadie, a rider and wheelchair user, around the course to raise funds for the Centre. We also welcome sponsored runners for the main 10k event. To register your interest, call the Magpie Centre on 01553 810202 for more details.

And if trivia is more your line of country, make a note in your diary of our Quiz Night and Hog Roast (with vegetarian option), **Saturday, 28 May, 7.00 for 7.30pm** at Stowbridge Village Hall, Downham Road, Stowbridge, PE34 3PE. Tickets for this are £10 each, to include Hog Roast and a huge variety of salads and desserts. We welcome teams of 4 – 8 but singles and couples can make up teams on the night if they wish. Wine, beer, cider and soft drinks will be available from the bar. To book for this call 01553 828935.

Finally, we have just launched our "**Gator Appeal**" recently supported by Elizabeth Truss MP on a visit to the Centre. A Gator is a 4 x 4 work utility vehicle, which is essential for a variety of tasks at the Centre. We urgently need to raise £9,000 to replace the existing vehicle. To donate, just log on to BTMyDonate, and click on West Norfolk RDA, or send a cheque, payable to WNRDA, to the Magpie Centre, Wallington Hall, South Runcton, Kings Lynn PE33 0EP. Every penny will be much appreciated. Thank you.

# West Norfolk Village Games

It's that time of year again. This annual event is being held at Lynnsport on **Sunday 26 June 2016**. This will be our 8th year of entering as the **G.L.E.A.M. team**, made up from people who live in the parishes of **Gayton, Leziate, East Winch, Ashwicken or Middleton**.

We need people to take part in the following events:

**Badminton** - senior & junior events

**Table Tennis** - senior & junior events

**Mini Athletics** - combined senior & junior event (over 11 as at 01.09.15)

**Netball** - senior & junior events (juniors=school years 7-11)

**Squash** – senior event

**Indoor Bowls** - senior & junior events

**5-a-side-Football** - senior & junior events (school years 10 and 11)

**Darts** - senior team

**Gladiator Challenge** - junior event (school years 4, 5 or 6)

**Mini-Soccer** - junior event (school years 5 or 6)

**Archery** - senior and junior events

**Rounders** - combined senior and junior event

**Fitness Triathlon** - combined senior and junior event (junior = school years 8, 9, 10 and 11)

'Senior' means aged over 16 years and 'junior' means under 16 and over 8 years as at 01.09.2015, unless otherwise stated.

If you would like to take part and represent your village in this fun event or would like further information, please contact Sarah either by email: **villagegames@hotmail.co.uk** or telephone **01553 630993**.

First come, first served!

**Sarah Byatt, Village Sports Co-ordinator**

## EAST WINCH PARISH COUNCIL MEETING 7th MARCH

At this well-attended meeting the Council decided to ask Mr Bland to continue the renovation of the telephone box. The Clerk is to follow up where the authentic red paint can be obtained. The Council agreed to share the cost of a new notice board equally with the Village hall committee. The chairman is to ask the owner of a tree obscuring light from the Station Rd trod to cut it well back.

In future, the minutes of meetings will be available on the Village website only.

During the open forum a parishioner complained of yet another accident - the second in a month - at the corner by the RSPCA. The clerk is to inform NCC Highways and police and press for action.

The amount of dog mess fouling the trod, especially near the junction of Station Rd and Gayton Rd was complained of, as was the disgusting amount of rubbish on the A47 blown from the tip. Jim Moriarty had been helpful in urging the Borough Council to tidy up. It appears that the tip is being closed at the end of March, but it's not known whether any nearby space is being used or whether it is to go away from Blackborough altogether. Council to pursue this.

The new street lights in Town Close seem to be generally approved of, there having been only one complaint. They will be much cheaper to run and maintain than conventional sodium lights. The Council will now move on to replace the lights in Station Rd and Church Lane.

The application for outline planning permission for a house at Station Cottage was approved.

Ideas had been sought for the best ways of using the playing field. To put most of these into effect will require a change in the restrictions (no ball games, no over-14s, no dogs), and the Council will check with the Borough Council whether it will be possible to do this.

The next meeting and AGM will be at **7pm on Monday, 25th April**, a week earlier than usual.

### How would you like to use our phone box?

As an information centre? A library? a home for a defibrillator? Or something entirely different? Please tell a parish councillor if you have any ideas. It would be lovely if it could be used.

### Dog poo - Warning!

Allowing your dog to mess the pavement and not clearing it up is a **criminal offence which can incur a fine of £1,000**. Don't let that happen to you!

### TAI CHI CLASSES

at Leziate Village Hall

Tai Chi is a relaxing and de-stressing form of exercise that can enhance your physical and mental health.

The exercise is suitable for anyone from 10 to 80 and no special equipment is needed – just loose clothing and flat comfortable shoes.

The class will be taught by Yang Xu, member of the Association of Traditional Chinese Medicine (UK)

**Six weeks of 'taster sessions' on  
Mondays 5.30pm-6.30pm starting on  
Monday 11 April, only £2.00 per session.**

Classes will take place on:  
11, 18, 25 April & 9, 16, 23 May

For further information or to book a place, contact:  
Sarah Byatt, 01553 630993,  
villagegames@hotmail.co.uk  
OR  
Yang Xu: 01553 674086  
yang.china.33@hotmail.com

### MIDDLETON POST OFFICE & STORES

Station Road (Just off the A47) Middleton

#### THE SHOP IS OPEN EVERY DAY:

**MON - FRI 7.30am-5.30pm/SATURDAYS 8am-12.30  
AND SUNDAYS 9.00am-12 noon**

#### POST OFFICE IS OPEN

**MON-FRI 8.00-5.30 & SATS 8.00-12.30  
SUNDAYS CLOSED**

- MILK, BREAD, ROLLS, BUNS AND BISCUITS
- NEWSPAPERS, MAGAZINES & BOOKS
- FRESH ROLLS & PASTIES
- WINES, BEERS AND SPIRITS
- CIGARETTES AND TOBACCO
- GROCERIES, FROZEN FOODS & HOUSEHOLD GOODS
- COOL DRINKS AND ICE CREAMS
- HOT BEVERAGES (TEA, COFFE & HOT CHOCOLATE)
- PHARMACEUTICAL PRODUCTS
- GREETING CARDS AND WRAPPING PAPER
- CONFECTIONERY AND CRISPS
- PET FOODS
- STATIONERY
- POST OFFICE & BANKING SERVICES, TOP-UPS ETC.
- DRY CLEANING SERVICE



## MIDDLETON HALL GOLF CLUB

### Open to All

“ you do not need to be a member ”

### Homemade Lunch Specials

from £5.50

Monday to Friday

12.00 - 2.30pm

### Sunday Lunch

12.00 - 2.30pm

only £8.95

### A Great Venue For

Weddings  
Anniversaries  
Birthday Celebrations  
Christenings  
Funeral Gatherings  
Private Luncheons

Easy access and car parking  
Beautiful views overlooking the course

#### Also

9/18 Holes of Pay and Play Golf  
Floodlit Driving Range

### Call us today

Hall Orchards, Middleton, King's Lynn PE32 1RY

**Tel. 01553 841800**

e-mail us: [enquiries@middletonhallgolfclub.com](mailto:enquiries@middletonhallgolfclub.com)  
visit the website: [www.middletonhallgolfclub.com](http://www.middletonhallgolfclub.com)

## North Runcton Art Group



If you are looking for a relaxing and enjoyable afternoon come and join our friendly and sociable group. Our members are all of mixed artistic abilities and creative in their own way using a variety of mediums and always willing to offer advice and help if needed.

Sounds like what you have been looking for? So why not give us a try and have a free taster session.

The Village Meeting Place (opposite the church)  
The Green, North Runcton Village, PE33 0RB  
Wednesdays 1:30 - 4:30pm and Thursdays 2.30 - 4.30pm  
Cost per session £2.00 including refreshments  
Membership £5.00 per annum

For more information please contact:  
Denise(Organiser) 075 2654 9454 or Janet 01553 841 514

### NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:  
[www.northrunctonpc.norfolkparishes.gov.uk](http://www.northrunctonpc.norfolkparishes.gov.uk).

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council, Tel: 01553 673043.

### CIS BUILDING SERVICES LTD

Extensions, Renovations, Alterations & Building Maintenance

For a free quote contact Chris Skinner

Phone: **01553 841791** Mob: **07970 189638**

**Local Builder based in Fair Green**

## THE MIDDLETON SALON & SURE SHARP

### OPENING TIMES

Mon: 9.00 - 7.30 pm

Tues: Closed

Wed: Closed

Thurs: 9.00 - 7.30 pm

Fri: 9.00 - 5.30 pm

Sat: 7.30 - 2.30 pm

*Friendly Family Run Salon  
Ladies by appointment only  
Hot stone massage, Indian  
Head Massage  
Pedicures & Nail gel polish  
By Lydia Cook  
Tel: 01553 841315  
Mens Barber Leigh Cook  
walk ins only*

**Professional sharpening service** of knives including damaged blades. Scissors from standard to professional. Beauty & barbers convex and bevelled edge left & right handed. Grooming scissors. Most garden tools sharpened. A2 & A5 Grooming blades sharpened. A5 Blades will include socket & tension adjustment.

Drop off service available most days  
Check website for prices: [www.leighcookbarber.co.uk](http://www.leighcookbarber.co.uk)  
Email: [leighsharp@gmail.com](mailto:leighsharp@gmail.com)



## **East Winch Village Hall Short Mat Bowls Club**

I joined our Short Mat Bowls Club just over eight years ago, shortly after moving into the village. At the time I wanted to meet people and make friends and although I had never played short mats bowls before, or even held a bowl, I thought this seemed a good way to start.

I was made very welcome on my first night and despite being a complete novice they showed a great deal of patience together with a lot of helpful hints and bags of enthusiasm. That night I forged many friendships and although that was my main aim I came to enjoy the bowling as well.

With the passage of time many of our current short matters cannot always attend as much as they used to and we are keen to attract new members. We play every Wednesday evening between 7.00pm and 9.30pm, except in the bad winter months when we meet Wednesday afternoons. The cost of the evening is £2.00 which includes tea and biscuits and if you do not own any bowls there is always some to borrow when you first come. The evenings are filled with much chat and a lot of laughter as well as very gentle competition; so, if you are new to the local area, recently retired and looking for a new hobby, or would simply like to give bowling a try (and you do not have to be of a certain age to do so), why not come along. We are all waiting to welcome you!

If you would like any more information please call me on 01553 842453 or Janet or Terry Robertson on 01553 841309.

**Chris Williams**

### **PROBLEMS WITH WEEDS IN YOUR LAWNS?**

Weeds in your shingle or weeds on your driveways and footpaths?

Then give me a call and I will spray them for you. I can selective spray your lawns to kill broadleaved weeds or I can spray all your driveways, footpaths and shingle areas to kill ALL weeds including unwanted grass.

**For a free quote please give Juliette a call on  
01553 849775 or 07920 843208**

NPTC licensed operative for knapsack spraying

## **KEEP FAITH**

By Nell Steele

As I write, winter seems never ending. Cold north winds, snow, hail. When will the Spring come?

Perhaps life seemed like that to Jesus's apostles after he rose from the dead. He had visited them in the flesh, eaten with them, blessed them and encouraged them. But what next?

They tried to keep things going; organised themselves better and elected someone to replace Judas, who had committed suicide after betraying Jesus. What for? Prayer, lots of it, didn't seem to give them any clues, and they remained a tightly knit and rather inward looking group.

The answer didn't come for several weeks, seven to be precise. Then, during the next major Jewish festival after Passover, when the streets were seething with pilgrims, Kapow!!! The disciples, clustered in a room together, were hit by a bomb, or at least a mighty wind and flames. They exploded out into the streets, and, in a frenzy of excitement, blurted out the message of God's love to everyone. Amazingly, even foreigners from far away understood the message! Peter, who up to then had been rash and silly at times, addressed the crowd, persuading thousands that their sins were forgiven through the grace of God.

When God seems slow to act, like the disciples we should keep faith and keep on praying. The thing you want may not happen, but something will, probably in a totally unforeseen way. Pray for the Holy Spirit to come to us: that, more than anything else, will change our lives and the lives of others.



**Buttercups Pre-School**  
Village Meeting Place,  
North Runcton, PE33 0RB  
Tel: 07934 170412

### **Finalist Pre-school of the Year 2015 award organised by the Lynn News**

8:30am - 3:30pm	Monday, Tuesday & Friday
8:30am - 12.30pm	Wednesday & Thursday

During term time for children aged between 2 years and school age. Ofsted rated as Good.

We provide a safe, fun learning environment with caring, experienced and well qualified staff.

As well as offering 15 hours free Government funding for 3 and 4 year olds, we are registered to offer free places to eligible 2 year olds, subject to the family meeting the local Children's Centre criteria.

**Contact us today for a free taster session!**  
[www.buttercupsplygroup.org.uk](http://www.buttercupsplygroup.org.uk)

 [buttercupsplygroup](https://www.facebook.com/buttercupsplygroup)

# £4100 raised for Kidney Research

by Stewart South

Sponsorship for my Dublin Marathon last October has now reached an incredible £4099.48. Add to that over £600 of Gift Aid and it brings the amount to a magnificent total in excess of £4700. Thank you all so much for your donations.

I am delighted to tell you that I have agreed with Addenbrooke's Charitable Trust at Cambridge precisely how this money will be spent. It's going towards a brand new kidney research project at Addenbrooke's Hospital. Inevitably it's a very complex research project but basically it aims to improve understanding of the reasons for 'chronic rejection' by some recipients of transplanted kidneys. Armed with a better understanding the project will



From left, Joel South, Oliver South, Stewart South, Vasilis Kosmoliaptsis and Alison South

then aim to introduce more efficient monitoring and intervention techniques to reduce the risk of irreversible damage to donated kidneys.

Our family met the very enthusiastic project leader, Mr. Vasilis Kosmoliaptsis, clinical lecturer in transplant surgery, when we visited Addenbrooke's in February. The photograph shows us handing over the sponsorship cheque to Vasilis.

Incidentally, I'm still running. I am taking part in the Warwick Half Marathon on 3rd April and the King's Lynn GEAR 10k Run on 1st May. I'm not fundraising but I am running for a cause, which is to encourage people to sign the organ donor register. Please help to save lives, go to [www.organdonation.nhs.uk](http://www.organdonation.nhs.uk) to find out more.

Thank you  
Stewart

**tfs**  
THORNALLEY  
FUNERAL SERVICES  
LTD

A family owned and managed business

24 hour Personal Caring Family Service

• Pre-Paid Funeral Plans • Private Chapels of Rest • Memorials

Austin Street,  
King's Lynn, PE30 1QH

**01553 771399**

[www.thornalleyfs.co.uk](http://www.thornalleyfs.co.uk)



# BADGERS CATTERY AND GROOMING PARLOUR

FOR COMPLETE PEACE OF MIND

TELEPHONE: 01945 780691

- Family run business guarantees personal care and attention at all times
- Fully Insured and Fully Licensed by local authority
- No extra charge for administering medications
- Small animal boarding available

Gooses Lane, Walpole St Andrew, Wisbech, PE14 7JR



## THE ORANGE TREE HAIR SALON

56 Back Lane West Winch

EXPERIENCED & FRIENDLY STAFF

UNISEX LATE NIGHTS

HAIR-UP AVAILABLE

MANICURES PEDICURES

CALGEL NAIL TECHNICIAN

TEL 01553 840464



## R&B

**TURF & GROUND CARE MACHINERY SPECIALISTS**

The Workshop, Marsh Farm,  
Wolferton, King's Lynn, PE31 6HB

**Tel: 01485 540645**

**We mend - You mow**

**Sales ~ Service ~ Repairs**

**All types of garden machinery**



## GEO SECURE

**SELF STORAGE FACILITY**

**BLACKBOROUGH END - KING'S LYNN**

**20FT - SELF STORAGE CONTAINERS**

**COMMERCIAL STORAGE YARDS OF ALL SIZES-  
IDEAL FOR BUILDERS, SCAFFOLDERS,  
ALL TRADESMEN, ALL BUSINESSES**

**OVERNIGHT LORRY PARKING - MACHINERY STORAGE  
- CARAVAN STORAGE - BOAT STORAGE -  
YOU NAME IT WE'LL STORE IT**

**LOCATED IN BLACKBOROUGH END, KING'S LYNN IN  
A HARD STANDING SECURE COMPOUND WITHIN A  
LOCAL QUARRY WITH AN OVERNIGHT WATCHMAN**

**FOR MORE INFORMATION & PRICING CONTACT JONNY**

**PHONE - 07519811396 - OR - 0779969802 -**

**EMAIL - [geo\\_secure@yahoo.co.uk](mailto:geo_secure@yahoo.co.uk)**

*M. J. Richer*

*Carpenter and Joiner*

*All Aspects of Carpentry & Joinery Work Undertaken  
Specialists in Period Properties*

Lynton, School Road, Middleton, King's Lynn, Norfolk

email: [mj.richer@btinternet.com](mailto:mj.richer@btinternet.com)

Tel: 01553 841771 • Mob: 07798 615144



## HOUSE CLEANER

Would you like a hand with housework? Then maybe I can help, covering North Runcton only.

- ▶ Full references available upon request
- ▶ CRB certificate and public liability insurance
- ▶ £10 per hour, negotiable depending on number of hours

For more information or a free quote call Terrie:

**Tel: 01553 842404 or Mob: 07796 797153**

## The Gate Inn

**A Real Ale Free House**

**Full Lunch and Dinner**

**menus**



- ◆ Sunday Lunches with a choice of 3 roasts
  - ◆ Three regularly changing Ales
  - ◆ Frequent Chef's Specials
- ◆ Light meals & snacks available
  - ◆ Beer Garden

All this – and a warm welcome from Steve, Lily and the family!

We are open every day except Mondays (but we are open Bank Holiday Mondays)

Hill Road, Fair Green, Middleton

**Tel: 01553 840518**

## MR SNIPPERS

GENTS HAIRDRESSERS

♦ 7 STYLISTS ♦ AIR-CON SALON ♦ CASH OR CARD

Reduced prices for children and OAP's

2 St James St

King's Lynn PE30 5DA

Telephone

01553 773732

Mon, Tues, Weds 8am—4.30pm

Thurs, Fri 8am—5.30pm Sat 6am—2.30pm

Stockists of:- Uppercut, Lagoom Jam, Osis & American Crew

## CHRIS CASELEY

DOMESTIC OIL-FIRED BOILER ENGINEER

\* Commissioning \* Service \* Repairs

*Work guaranteed — Competitive Prices*

**Tel: 828148 Mobile 07931 355595**

OFTEC Registered



**AF & D BOWMAN**  
**PLUMBING & HEATING**  
**NORTH RUNCTON (Est. 1971)**



**Tel: 07776147081 (Phil)**

**07790421585/01553 673407 (David)**

**Meeting all of your gas and oil plumbing,  
heating and servicing requirements.**

## JCJ PLANNING

Professional advice and  
practical assistance for  
planning enquiries,  
applications and  
appeals

J. C. Jaques

BA(Hons) Dip TR MRTPI

Tel: 01553 844001

Mob: 07813 787261

jcjplanning@gmail.com

Meadow House, The Green, North Runcton, King's Lynn, Norfolk, PE33 0RB

## OJS Electrical

*Fully Qualified Pt P Registered Electrician*

New Builds \* Fire-Alarms \* Re-wires

Fault-Finding \* Inspection & Testing

Free Quotations & Advice

*For a Fast, Friendly & Quality Service Call:*

**Oliver South 07788 421992**



**Do you need help with your digital life?**

If you need assistance with your laptop, home network, internet security or website, then look no further.

**We are based in Marham and offer a collection and delivery service in this area.**

See what people are saying about us online  
<http://barkersinternet.co.uk>

**Telephone: 01760 629 401**

**GEOFFREY GRIEF**

**PAINTER & DECORATOR**

Interior and Exterior Painting and Decorating

5 Bure Close, Watlington, PE33 0TN

Tel: 01553 810668

## THE VILLAGE MEETING PLACE

North Runcton, PE33 0RB

**AVAILABLE FOR HIRE**

Hall with Kitchen Facilities

\*Ideal for parties \*Fundraising events

\*Evening clubs/classes

Hire Charge £5.50 per hour

Contact Rachel Curtis, Tel: 01553 673043

Email: northrunctonparishclerk@outlook.com

**HOME-START KING'S LYNN & WEST NORFOLK**

*Support, friendship and practical help for families*

Do you live in the Borough of King's Lynn and West Norfolk with a child/children under 5?

**You can ask for help!**

**A few hours to spare each week?**

**Reliable, friendly, good listener?**

Perhaps you could become a

**HOME-START Volunteer?**

**T: 001553 762706 E: office@home-startklwn.co.uk**



Complete  
make up &  
hanging  
service

**A. K. FABRICS**

Field Barn  
House  
School Rd  
Middleton

**CHOOSE AT HOME**  
**Discounted Curtain Fabric Sales**

Choose locally from our range of hundreds of fabrics, all supplied at discount prices.

Poles, tracks and all accessories also available

**Phone: Alison 01553 840245**

## NEED HELP WITH YOUR GARDEN??

Lawn Maintenance, Hedge Trimming, Weeding, etc

Call **Calum** for a friendly, local service on

**01553 842209**



If you want to start up in business or have a business that you'd like to grow and develop then call us now to see how we can help you.

We offer all business help, advice and services to make your life easier and your business more productive and cost effective.

We promise to:

- Work to your budget - you only pay for the time you book
- Save you money - we save you employing staff so no holidays, sickness or maternity to cover
- Create you more time - we are proficient in all things business
- You set the job list - we perform them
- No more stress and hassle.

Please call us now on **01553 815619** to book your **FREE** face to face or telephone discussion and start making a difference to your business today.

## LYNN PETS

Pet sitting and day care;  
a home from home for your pets  
Want to enjoy a holiday or a day out?

Does your dog dislike kennels?

**They could stay with us!**

Call Emma on **01553 630574** or **07944 730259**

Lilac Lodge, Ashwicken Road, East Winch, PE32 1LJ

[www.lynnpets.co.uk](http://www.lynnpets.co.uk)

## Learn to enjoy riding at Blackborough End Equestrian Centre



Professional instruction by BHS qualified Instructors  
Superb facilities, quality horses and ponies  
Lessons, hacks and pleasure riding

**SHOP - Everything for the Horse/Pony and Rider**

Situated just off the A47 between Middleton & East Winch  
East Winch Road, Blackborough End, PE32 1SF

Tel: **(01553) 841212**      [www.beec.co.uk](http://www.beec.co.uk)

## Sid George

**SUPPLIERS OF SAND, GRAVEL,  
PREMIX, TOPSOIL, WOODCHIP &  
COMPOST** (made from recycled organic materials)

- Fast, reliable delivery service
- Competitive pricing
- Small deliveries only - up to 1.5 tonne loose

**Tel: 01553 840321**

Mon - Fri 7:30am -5pm  
Sat 7:30am -12 noon

## Mobile Library Timetable

The Mobile Library timetable for our area is as follows:

**MONDAYS** – normally every 2 weeks. Next visits on:

**11 & 25 April; 9 & 23 May**

<b>Middleton</b>	
Village Hall	09:40 - 10:05
<b>Fair Green</b>	
Park Hill Estate	10:10 - 10:30
Graham Drive	10:35 - 10:50
Gate Inn	10:55 - 11:10
<b>Middleton</b>	
42 Hall Orchards	11:15 - 11:25
88 Walter Howes Crescent	11:30 - 11:45
St Mary's Court	11:50 - 12:00
<b>East Winch</b>	
Gayton Rd - Opp Windyridge	14:20 - 14:30
Town Close	14:35 - 14:45
Village Sign	15:05 - 15:15
<b>Blackborough End</b>	
The Green	15:20 - 15:30
The Firs	15:35 - 16:00

**TUESDAYS** – normally every 4 weeks. Next visits on:

**19 April; 17 May**

<b>North Runcton</b>	
The Green	10:15 - 10:35
The Foldgate	10:40 - 10:55

## LAURA ROYTHORNE MOBILE HAIRDRESSER



Expert hair styling for Ladies,  
Men and Children



Fully qualified and insured

Call now to book: **07557 911080**  
or E-mail: [deadmanlaura@yahoo.co.uk](mailto:deadmanlaura@yahoo.co.uk)

## PROFESSIONAL IRONING SERVICE

- ▶ **FREE** collection and delivery at a time and place to suit you - 12, 24 and 48 hour options
- ▶ Friendly, professional, reliable service
- ▶ Fully insured. Free hangers and covers
- ▶ From as little as £3.95 a kg – Discounts for regular bookings. On-line booking available.



Contact Helen today. Mention this advert to get 10% off

Tel: **01553 617618 / 07414 732891**

Email: [cherrytreeservices@yahoo.co.uk](mailto:cherrytreeservices@yahoo.co.uk)

Website: [www.cherrytreeservices.org](http://www.cherrytreeservices.org)

## DARRELL RYAN BUILDER

REGISTERED BUILDER SINCE 1970  
6 Willow Close Fair Green

DR

*Alterations - Improvements - Repairs - Renovations -  
Roofing - Insurance Claims - Patios - etc*

QUALIFIED TRADESMAN  
BRICKWORK A SPECIALITY  
ALL BUILDING WORK UNDERTAKEN  
SMALL JOBS COMPLETED

Tel: 01553 841484 Mobile: 07786 607941

## RAY SMITH & SON FENCING



- ▶ Fencing erected & repaired
- ▶ Garden Sheds supplied & erected to order
- ▶ Timber Gates supplied & erected



- ▶ Shed Bases & Patios constructed
- ▶ Fully insured - Licensed waste carriers

### Free quotes

All waste recycled

Tel: 01553 840424



## ROBERT MENZIES

12 LONG LANE WEST WINCH  
KING'S LYNN PE33 0PG

### GARDEN MACHINERY SERVICES

SPECIALIST REPAIRS, SERVICING & MAINTENANCE

DOMESTIC - PROFESSIONAL - CONSTRUCTION

ANY MAKE ANY MODEL

OVER 37 YEARS EXPERIENCE  
COLLECTION AND DELIVERY SERVICE

[www.bobthemowerman.co.uk](http://www.bobthemowerman.co.uk)

TEL: 07542 192125

THE SOLUTION TO YOUR GARDEN MACHINERY REQUIREMENTS

## W A Rudd & Son



Coal Merchant  
Middleton Blackborough End

Coal and smokeless fuels  
supplied for all appliances:  
Roomheaters, Multi Fuel Stoves,  
Open Fires, Boilers & Woodburners.

Tel: 01553 841218.



**DOMESTIC  
APPLIANCE  
REPAIRS**

*Repairs, Safety Checks & Servicing  
For Peace Of Mind All Year Round*

**Washing Machines**

**Dishwashers**

**Tumble Dryers**

**Cookers**

**Storage Heaters**

**Fridges/Freezers**

**Etc**



*For A Fast & Reliable Service Contact*

**GRAHAM**

**Tel: (01553) 673398**

**Mob: 07766 404407**

Email: [agmservices@btinternet.com](mailto:agmservices@btinternet.com)

**K V T BusinessCare Ltd.**

*For all your business needs*

**BOOKKEEPING**

**PAYROLL**

**ADMINISTRATION**

Unit 1 Chapelton Lodge  
East Winch Road  
Blackborough End  
Kings Lynn  
PE32 1SF

Tel: 01553 849849

Email: [info@kvtbusinesscare.co.uk](mailto:info@kvtbusinesscare.co.uk)

[www.kvtbusinesscare.co.uk](http://www.kvtbusinesscare.co.uk)

VAT registered

## OVER THE GARDEN FENCE

With Steve Donoclift

I have learnt a lot today!! The old saying 'never judge a book...' you know the rest - is very true!

I was asked if a gentleman could volunteer with me and work alongside me at one of the schools we look after. I said 'no problem'. I then asked about his background, only to find out that his actions, or maybe lack of them, had had dramatic and life changing consequences for a completely unrelated family. After a lot of thought, I said yes I would work alongside him.

When I met this six foot three huge guy I looked up at his face only to see a man that had paid for what he had done. He shook my hand, and was keen to help...he was a complete gentleman, helpful and hard working. Many people have to live with the consequences of their actions. We all do to some degree, some just happen to be more painful than others, but there are some people that need a second chance.

Hasn't it been a funny old spring, I recall in the last issue of the Parish Mag, saying, 'It's hot.It's cold' what is going on? Well I am going to repeat that question. I can say without doubt that we have all enjoyed some beautiful days, only to wake up the next day and wonder if the sunshine was just a dream! Dull and cold.

However that has not stopped the birds pairing up, particularly the Blackbirds. The Daffodils have been and gone - remember to dead head them and give them a feed, don't cut the stalks, let the energy go down into the bulb. Now the Bluebells are starting to push their heads up and the days are getting longer. Hoeing early weeds is crucial, this task reduces the work later on in the growing season. A general lawn feed is always a good idea, but be careful of late frosts, so I would not advise planting tender bedding plants quite yet!!

From me and my boys, take care all, speak soon.

*Steve*

## WILLIAM GEORGE RECYCLING LTD.

**FOR ALL YOUR AGGREGATE NEEDS**

- FROM 1 TO 20 TONNE LOADS
- BAGGED OR LOOSE
- BUILDING SAND
- TOPSOIL
- CARSTONE
- GRAVEL
- AND MUCH MORE!

**PHONE: 840288 8am - 4pm Mon to Fri.**  
Evenings: 841048



**EMAIL:**  
[wgrl@hotmail.co.uk](mailto:wgrl@hotmail.co.uk)

## MATT KING LIMITED Oil Boiler Servicing - Breakdowns



**Tel: 01553 840177**

**Mob: 07775 911008**

[www.mkingboilers.co.uk](http://www.mkingboilers.co.uk)

[mking896@googlemail.com](mailto:mking896@googlemail.com)



## SMITH & WILLIAMSON

Over 35 years combined experience  
WINDOW DOORS FASCIA GUTTERING  
BUILDING WORK UNDERTAKEN

01553 841175 / 840767

00799 620883 / 07810 867244

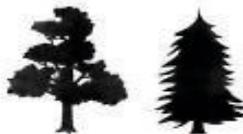


75, Hall Lane, West Winch PE33 0PJ



## TIM'S TREE SERVICES

Pruning  
Topping  
Felling  
Clearing



*All aspects of Tree and Hedge work undertaken*

Over 30 years experience  
Qualified - Insured

Call 01366 347656 or 07867 764307

For your Free Quote

**LOCAL MAN - LOCAL RATES**



## WORZELS ROOFING

ROOF TILER/SLATER

01760 755024 & 07990 972381

**FREE ESTIMATES**

- ▶ Strip & re-tile repairs
- ▶ Leadwork
- ▶ Fascias and Guttering
- ▶ Chimney re-build/re-point
- ▶ Over 15 years experience

# cinderella's

Where wedding dreams come true...

Bridal Gowns,  
Bridesmaid Dresses,  
Tiaras, Veils, Flower  
Girl Dresses, Shoes,  
Evening Wear



[www.cinderellasuk.com](http://www.cinderellasuk.com)

T: 01553 84 11 55

East Winch Road, Blackborough End, Kings Lynn, Norfolk PE32 1SF

## Norfolk Hearing Care

Are you hearing clearly?

# Free

hearing tests  
hearing aid trial  
5 year guarantee

Call now to arrange a free consultation in the convenience of your own home, without any obligation



**Telephone: 07925 792146**

Email: [enquiries@norfolkhearingcare.co.uk](mailto:enquiries@norfolkhearingcare.co.uk)

Web: [www.norfolkhearingcare.co.uk](http://www.norfolkhearingcare.co.uk)

Mark Brindle 17 Graham Drive, Fair Green, Middleton. PE32 1RL

## RAY SMITH & SON LANDSCAPES

Family run business

- ◆ All types of Fencing erected ◆ Suppliers of hard & softwood logs ◆ Mole trapping service
- ◆ Complete lawncare service ◆ Tree work - Stump grinding service up to 12 inches
- ◆ Patios ◆ Hedges cut, Reduced or Removed ◆ Garden waste removed - all waste re-cycled

Fully insured Licensed waste carrier Free quotes Friendly service

**We Specialise in all aspects of Landscape Gardening**

Tel: 01553 840424



## Whitear Roofing

For a no obligation quotation and honest advice from a local man with more than 30 years roofing experience call

**Paul Whitear**

A complete service for all pitched roofs. Competitive prices and reliable service.

Telephone

**01553 841999**

OR

**07919 172182**



## F.K. Plumbing & Heating Services

Established independence 12 years

**07941 610631**

**01553 617946**

Taps - Radiators - Hot and Cold Water -  
Central Heating Systems - Power Flushing - Showers -  
Toilets - Bathrooms - Oil Boilers & Tanks

Repairs - Service - Upgrades - Full Installations

All work guaranteed

Free no obligation estimates



Untidy garden?

Unable to manage  
it all yourself?

Experienced lady gardener offers reliable help  
(extra hands available for  
larger jobs)

Phone Christine **01553 636101**

## Leziate, Ashwicken & Bawsey Women's Institute



We meet every 3rd Tuesday of the month from 2 - 4.30pm at Leziate Village Hall. At our meetings we have guest speakers who inform & entertain us on a variety of interesting topics & on some afternoons we have social activities such as quizzes, games, competitions & lunches.

**19 April:** Healthy Living presented by Diane West - Health Trainer

**21 June:** The unusual experiences of a Paramedic presented by John Newmeir

Come and join us for a taster session, and then maybe decide if you would like to join our very friendly and informal group for future meetings.

For any further information please call Jan 01553 841514 or Ali 01553 841267.

### West Winch Bowls Club

New members of either sex regardless of ability are warmly invited to join the club. Membership costs just £16 a year.

The new season commences on **Saturday 16th April**. Members are requested to assemble at the clubhouse at 2pm for a 2:30pm start. Coaching will be given for beginners on the Thursday night Roll Ups. The club boasts of an excellent Green, pavilion and bar facilities. Players have the choice to play in 4 leagues as well as in club competitions, friendly games and social events. For further information contact the Chairman, David Bull on 01553 673876.

### **HOW TO REPORT FLY TIPPING**

The Borough Council is responsible for dealing with fly tipping and have a new on-line reporting system. To report an incident of fly tipping, please use the following link:

<http://www.west-norfolk.gov.uk/default.aspx?page=21512>

## Nar Valley Ornithological Society (NarVOS)



Indoor meetings at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

### **Tales from Concrete Jungles with David Lindo**

**Tuesday 26<sup>th</sup> April, 7.30pm**

We are delighted to welcome David Lindo, the Urban Birder of TV fame, to talk to NarVOS about the delights of birding in the built-up environment. David describes himself as: "A broadcaster, writer, naturalist, photographer, public speaker, tour leader and oh, I have been known to do the odd bit of birding!" Please come along for an entertaining evening.

### **The Birding Life of a Global Product Manager with Paul Varney**

**Tuesday 31<sup>st</sup> May, 7.30pm**

Paul Varney is a NarVOS member who cut his teeth with our society as a junior member. As his career developed Paul moved away from the area but he now lives locally once more. Always an enthusiastic birder it will be fascinating to see and hear how Paul managed to fit in watching wildlife while holding down a demanding job in the UK and abroad.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about these meetings or NarVOS call Ian Black on 01760 724092.

### **ANNUAL PARISH MEETING**

Middleton Parish Council will be holding its Annual Parish Meeting at **7pm on Wednesday, 6 April** in the Village Hall.

This is not a routine Parish Council meeting, but is instead an opportunity to hear about what the Parish Council has been doing on your behalf over the past year and for parishioners to ask any questions. Please come along to have your say on local issues.

**Would you like to publicise your local event in the Parish News?**

**If so, please send details by e-mail to: [editorofparishnews@gmail.com](mailto:editorofparishnews@gmail.com) or by phone on 01553 849725. The deadline for the June/July issue is Friday, 13 May.**



## MIDDLETON & DISTRICT ROYAL BRITISH LEGION

The Social Group's next Evening Buffet will be held on **Wednesday 20th April** at the William Burt Social Club, Watering Lane, West Winch. **6.30 for 7.00pm**. Please book by Monday 18th April.

The following Buffet is on **Wednesday 18th May**, same venue and time, with booking required by Monday 16th May please.

Please book tickets for either event by contacting Lilian Fisher on 01553 841852 or by email at [lilianfisher@talktalk.net](mailto:lilianfisher@talktalk.net).

Tickets are £6 each and include a full buffet with a glass of wine or a soft drink included. Donations of raffle prizes greatly appreciated.

Proceeds from the raffle will go to the Middleton & District Branch of the RBL.

## FRIENDSHIP CLUB



If you are 50+ you will be most welcome to join in the activities of the Friendship Club, which meets on the first Wednesday of the month at Middleton Village Hall. **New members very welcome.**

**6 April:** Talk by the Greyhound Trust

**4 May:** Talk about Tapping House

Further details from John Turtle (840280) or Pauline Crump (840053).

## Lonely? Housebound? New to the village?

We are a group of people from St. Mary's Church Middleton who are willing to offer company and support. If you would like one of us to visit you, please contact Joan Van Dyke on 840716. If you live in North Runcton, please phone Wendy Galley on 840344 and somebody from West Winch Church will visit you.

**Lunch Club** usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12.00 for 12.30pm. For further details contact Olive Turpin 840623.

## CARPET BOWLS



Carpet Bowls has a growing following in Middleton and the sessions are open to players from North Runcton as well. Join us at the Village Hall on Tuesday evenings at 7pm. Please wear soft flat shoes. More details from Club Secretary, Peter Wall on 840471.

## Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members. Contact Nigel Gray (01553 841541) for more information.



## Cameo Café

This group meet on the 2nd and 4th Wednesday of every month in Middleton Village Hall from 2.30 pm - 4.30 pm.

The Café is supported by members of the Mothers' Union and is a social occasion to enjoy a chat, cup of tea and a piece of cake.

Carpet bowls is very popular and the players, also enjoy our refreshments. If you are at a loose end on Wednesday afternoons do join us and meet your neighbours. There is no charge for refreshments but donations to help with our running costs are welcome.

*Hilary Hickman*

The **Community Car Scheme** is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments. A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.

# Pro-Active CARE SUPPORT

We Care About Your Care

Tel: 01553 816519 Email: info@pro-active.solutions  
 Web: www.pro-active-caresupport.co.uk

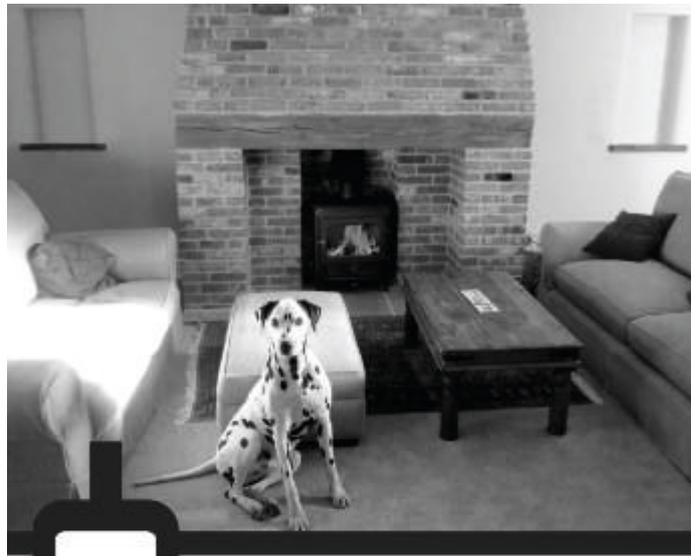
We are dedicated to supporting families, friends and people who provide or require help and support in the community. Services we offer:

- Emergency Support for crisis situations
- Help and Advice to get benefits or grants
- Form Filling - Don't worry we can fill the forms out for you
- Befriending - Don't feel alone or lonely we can come and see you
- Home Help - Cleaning, Bed Making, Laundry, Ironing whatever you need
- Escorting Services - If you need to go to appointments we can take you and bring you home

We offer a daily wellbeing telephone service to people who may like to have a daily conversation, need reminding to take medication or are simply lonely and would like to hear a person's voice.

Are you an unpaid carer of a friend or loved one but find you have no one to talk to, scream at when times are bad or will simply listen to you? Well we are delighted to offer a listening service or email support account where unpaid carers can contact us to offload or vent their frustrations without being judged.

Take a look online or call us to see how we can help your situation.



## SUPPLY & INSTALLATION OF WOODBURNERS

Norfolk's agent for Aga, Hunter & Parkray Stoves



# 01328 700161

[www.norfolkwoodburners.co.uk](http://www.norfolkwoodburners.co.uk)

Are you 65 or over? Need information or advice on things to do, getting out and about, staying safe and well or caring for someone, then...



**Living Independently in Later Years**  
 a directory of services, activities, advice and guidance for older people living in West Norfolk

Available online at [www.asklily.org.uk](http://www.asklily.org.uk)  
 or by calling 01553 616200



**DO YOU FEEL VULNERABLE OR ISOLATED?**

**DO YOU HAVE MOBILITY ISSUES OR ARE YOU PRONE TO FALLS?**



**Careline**  
 COMMUNITY SERVICE

**DO YOU FEEL SAFE & SECURE IN YOUR OWN HOME?**

We provide Carelines, keysafes, and minor adaptations to reduce falls, keeping you safe and warm in your home. Ring today for a free home assessment.

Tel: 01553 760671  
[www.careline-cs.org.uk](http://www.careline-cs.org.uk)



1170-96-1SM

**Chris Hennelly** N.D.Arb. S.C.Dip.Hort

Tree Surgeon & Gardener  
Tree Investigations & Advice

Tel: 01945 780691

Mob: 07940 759121

E-mail: [hennelly@tiscali.co.uk](mailto:hennelly@tiscali.co.uk)

£5 million Public Liability

£1 million Professional Indemnity

Web-site: [www.chrishennelly.com](http://www.chrishennelly.com)



## AA COKER CHIMNEY SWEEP



COMPLETE BRUSH & VACUUM  
FULLY INSURED  
FRIENDLY AND RELIABLE SERVICE  
KING'S LYNN & SURROUNDING AREA

Tel: 01553 810114

I also provide handyman,  
garden clearance and man with a  
van services



Bedding Plants, Hanging Baskets, Shrubs,  
Trees, Alpines, Hedging, Conifers, Climbers,  
Pots, Compost & Bark

## PLANTS FOR ALL SEASONS

We can also provide, Planting, Garden Clearance, Turfing,  
Pruning, Hedge Cutting & Grass Cutting.

Main Road, West Bilney, PE32 1HW

T: 01553 849802 M: 07774 724366

W: [westbilneynurseries.co.uk](http://westbilneynurseries.co.uk)

Open 9am until 5pm - 7 days a week



...The Store to your Door

## THE BEST DEALS FOR ALL YOUR FLOORING NEEDS

- FREE Estimates and planning
- Full service from measuring to fitting
- Competitive pricing to suit all tastes & budgets
- 10 years experience, expert advice & knowledge

- Overwhelming choice of carpet, Vinyl, Karndean, safety flooring, LVT's, Real Wood & Laminate samples brought directly to you

- Additional Services available, including moving furniture, uplift & disposal of previous flooring & door trimming
- Domestic or Commercial work carried out

Now Suppliers of  amtico

GUARANTEED  
TO BEAT  
ANY  
GENUINE  
LIKE FOR  
LIKE QUOTE

Tel: 01485 601360 Mob: 07872 558163

Email: [ian@iperrinflooring.co.uk](mailto:ian@iperrinflooring.co.uk) Web: [www.iperrinflooring.co.uk](http://www.iperrinflooring.co.uk)

I Perrin Flooring Ltd, Registered Office 15 Stebbings Close, Grimston, King's Lynn, Norfolk PE32 1DJ Registered No: 0956560. Vat No: 171416230

## Church Services in April & May

### **Sunday, 3 April**

10.00am **W Winch** Benefice Eucharist

### **Sunday, 10 April**

9.30am **W Winch** Sung Communion

10.30am **E Winch** Family Service in the Village Hall

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Holy Communion

### **Sunday, 17 April**

9.30am **W Winch** Sung Communion

11.15am **Middleton** Morning Worship

11.15am **E Winch** Holy Communion

3.00pm **N Runcton** Evening Prayer

### **Sunday, 24 April**

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Worship

10.30am **E Winch** Morning Worship

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Holy Communion

### **Sunday, 1 May**

10.00am **W Winch** Benefice Eucharist

### **Thursday, 5 May - Ascension Day**

7.00pm **W Winch** Holy Communion

### **Sunday, 8 May**

9.30am **W Winch** Sung Communion

10.30am **E Winch** Family Service in the Village Hall

11.15am **Middleton** Holy Communion

11.15am **N Runcton** Holy Communion

6.00pm **W Bilney** Spring Service

### **Sunday, 15 May**

9.30am **W Winch** Sung Communion

11.15am **Middleton** Morning Worship

11.15am **E Winch** Holy Communion

3.00pm **N Runcton** Holy Communion

### **Sunday, 22 May - Pentecost**

8.00am **W Winch** Holy Communion

10.00am **N Runcton** Morning Prayer

10.00am **W Winch** Morning Worship

10.30am **E Winch** Morning Worship

11.15am **Middleton** Holy Communion

### **Sunday, 29 May**

9.30am **W Winch** Sung Communion

10.30am **E Winch** Morning Worship

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

Morning Worship is held each Wednesday morning at 9.30am in Middleton Church and every Thursday morning at 10.00am in West Winch Church.



## **Mothers' Union News**

Spring is almost here and Easter already celebrated. What a pleasant thought that winter is almost over.

The Women's World Day of Prayer on 4th March was well supported and enjoyed by those who attended.

Our Speaker in April is Rev Keith Horsfall and his subject is '50 not Out', a reflection on his 50 years as an ordained priest. This is on **Tuesday 19th April at 7.30 pm**. As usual we meet at Church Farm.

On **17th May** Gill Boon will tell us of the work of The King's Lynn and West Norfolk Girls'-Schools' Trust, with some anonymous case histories of girls and young women who have been helped by the Trust.

New members and friends are always welcome so why not come along.

*Hilary Hickman*

## **St Mary's Church AGM**

The AGM will be held on **Thursday 24th April at 7.00 pm** at Church Farm. All are welcome.

## **COFFEE MORNINGS IN ST MARY'S CHURCH**

Throughout the summer we shall be holding our usual coffee mornings in aid of church funds.

Held on the first Saturday of the month from **10.00 - 12.00 noon starting on 7th May**.

Future dates: 4 June, 2 July, 6 August, 3 September.

Bric a Brac, cakes, produce, and preserves.

### **5 - A - TIME ANSWERS (from Page 3)**

1. Great East Anglian Run.
2. Southgates Roundabout.
3. October to March.
4. Books. Waterstones.
5. X8.

# PARISH CONTACTS

## CHURCHES:

**Priest-in-Charge:** Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

### **Middleton St Mary's**

**Churchwardens:** Mrs J Van Dyke 840716 and Mr E Boon 840320

**PCC Secretary:** Gillian Boon 840320 **Treasurer:** Mr C Reeks

### **North Runcton All Saints'**

**Churchwarden:** Mary Angelina 841519

**PCC Secretary:** Mrs Jane Byrne 840207 **Treasurer:** Mrs P Stafford Allen 841687

### **East Winch All Saints**

**PCC Secretary:** Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

## PARISH COUNCILS:

### **Middleton (www.middleton-news.co.uk)**

**Clerk:** Mrs Kate Senter Tel: 841387 E-mail: middletonparishcouncil14@gmail.com

**Councillors: Chair:** Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mr T Hewitt; Mr S McAllister; Mr R Smith; Mr M Wiles.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm from October to March and at 7.30pm from April to September.

### **North Runcton (http://northrunctonpc.norfolkparishes.gov.uk)**

**Clerk:** Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

**Councillors: Chair:** Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mrs A Dobbing; Mr J Fuller; Mr B Houchen; Mrs G Sergeant; Mr J Sherry; Mrs A Towler; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

### **East Winch (www.eastwinchandwestbilney.co.uk/parish-council)**

**Clerk:** Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

**Councillors: Chair:** Mrs N Steele; **Deputy Chair:** Mr K Harrod;

Mrs J Bettany; Mr R Bettany; Ms P Blowers; Ms S Davison; Mr N Velzeboer; Mr A Wilson

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

**Borough Councillors:** West Winch Ward: Bal Anota Tel: 07885 258442 & Peter Gidney Tel: 07885 258450. Priory Ward: Jim Moriarty Tel: 01760 755623

## **Other Contacts:**

Badminton Club	Nigel Gray	01553 841541
British Legion	Judy Close	01553 840823
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Mrs Chris Williams	01553 842453
Friendship Club	Mrs P Crump	01553 840053
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

**Editor:** Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725

Views expressed in the magazine are not necessarily those of the Editor.

**The deadline for the next issue (June/July) is Friday, 13 May.**